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The purpose of massage is to maintain good health and physical condition.

Massage therapy is intended to enhance relaxation and recovery from certain medical condition; for some conditions massage is contraindicated.

Massage is not a substitute for medications or medical treatment; please consult with your physician for medical conditions you have. It is outside the scope of therapeutic massage to diagnose illness/disease; prescribe medications, supplements or treatments; or perform high velocity spinal manipulations.

No diagnosis provided. Not for pathological conditions. Not a substitute for seeking medical care, mental health counseling, or seeing your primary care practitioner/physician.

I understand that LMT's may not diagnose or treat disease and that massage should not take the place of a doctor's care. Either the LMT or the patient may terminate the session should either be experiencing discomfort during the massage. Discomfort may include (but is not limited to) physical pain, sexually suggestive behavior or personal remarks or requests.

Payment is due at the time of the appointment and 24-hour notice is required to avoid a no-show fee / payment for a missed session. Fees are cash payment at point of service rate. Any fees billed to insurance company and not recovered are the sole responsibility of the client.